

# Fall 2017 Timberhill Junior Clinics

**Session 1** September 11 - October 27 **Session 2** October 30 - December 22 (no class Oct 31, Nov 22, 23, 24)

This fall, clinics will run in two sessions, each lasting seven weeks. Juniors are encouraged to participate in either or both of these sessions. All classes will meet twice a week. Fees can be prorated if a student can only come once a week or only to the first or last half of a given session (this is what "half session" refers to), but this must be arranged ahead of time. Register by mailing the enclosed form.

*You do not need to be a member of Timberhill to participate in these clinics!*

**Mighty Mites-Kindergarten:** this class utilizes USTA "10 & Under Tennis" balls and lines on a 36' court. We introduce fundamental technique and combine hand-eye coordination exercises with rally games and court movement for fun.

**Mighty Mites:** This class meets later, is open to kids 5-8, and uses USTA "10 & Under Tennis" red balls on a 36' court to develop rally skills, court movement, and hand-eye coordination.

**Future Stars:** Kids age 9 and older, who are beginners or have had some previous instruction will learn better fundamentals, scoring, and become more consistent through drills and games. 60' courts and orange balls are used for quicker skill development and rally progression.

**Junior Champs:** Juniors with significant playing experience who are developing consistency, power, and competitive instincts will get more playing experience, more advanced drills, and introductions to spins and strategy in this class. Ages 10 - 14.

**Tournament Prep:** Intermediate to advanced middle school players will participate in this class, geared toward enhancing the skills needed to play at the varsity high school level. Focus will be on placement, spins, serving and strategy.

**Tennis 101:** High school players who have little experience and are just starting to learn the game will find what they need in this group-learning skills and building confidence among their peers. The goal will be to try to get all of these players qualified to play JV tennis for the high school teams.

**High School I (JV):** Incoming freshman players and JV players from the previous high school season will work on strategic, technical, and conditioning aspects of tennis that will push their games toward the varsity level.

**High School II (Varsity):** High school players with previous starting experience in singles or doubles will gain strength in all strokes through drills, games, and competition. Focus is on strategy and competitive skills, including physical conditioning and mental toughness.

**Fridays**  
2:00pm - 2:30pm kids ages 4-6

**Mondays & Wednesdays**  
3:30pm - 4:15pm kids ages 5-8

**Mondays & Wednesdays**  
4:15pm - 5:15pm  
kids ages 9 and older

**Tuesdays & Thursdays**  
4:15pm - 5:15pm  
kids ages 10-14

**Tuesdays & Thursdays**  
5:15pm - 6:15pm

**Mondays & Wednesdays**  
3:30pm - 4:15pm

**Tuesdays & Thursdays**  
3:15pm-4:15pm

**Tuesdays & Thursdays**  
3:15pm - 4:15pm

**PRICES**

Any full 7-week session: \$190\*  
Half of a 7-week session: \$100  
Prepay for both 7-week sessions: \$360  
(\$340 for TTC members)

**MIGHTY MITES PRICES**

Full 7-week session: \$170\*  
Half of a 7-week session: \$90  
Prepay for both 7-week sessions: \$320  
(\$300 for TTC members)  
Mighty Mites Kinder: \$60

\*TTC members may deduct \$10/session from their cost as a member discount. Remember, you do not need to be a member of Timberhill to participate in these clinics!

**Fall Junior Clinic Registration Form**

Name \_\_\_\_\_ Male \_\_\_\_\_ Female \_\_\_\_\_ Age \_\_\_\_\_  
 Phone \_\_\_\_\_ Email \_\_\_\_\_  
 Address \_\_\_\_\_ City \_\_\_\_\_ Zip \_\_\_\_\_  
 Class \_\_\_\_\_ Day/Time \_\_\_\_\_ Session \_\_\_\_\_  
 Amount \$ \_\_\_\_\_

I hereby release Timberhill Tennis Club (TTC), its Board, employees, and agents from liability from any and all claims resulting from accident, injury, or illness incurred during participation in TTC's Junior Clinics. I grant permission to TTC to use my child's likeness in print or online media associated with TTC and its promotions.

Parent/Guardian Signature \_\_\_\_\_