

Fall 2015 Timberhill Junior Clinics

Session 1 September 14 - October 30 **Session 2** November 2 - December 18 (no class Nov 25, 26, 27)

This fall, clinics will run in two sessions, each lasting seven weeks. Juniors are encouraged to participate in either or both of these sessions. All classes will meet twice a week. Fees can be prorated if a student can only come once a week or only to the first or last half of a given session (this is what "half session" refers to), but this must be arranged ahead of time. Register by mailing the enclosed form.

You do not need to be a member of Timberhill to participate in these clinics!

Mighty Mites-Kindergarten: this class utilizes USTA "10 & Under Tennis" balls and lines on a 36' court. We introduce fundamental technique and combine hand-eye coordination exercises with rally games and court movement for fun.

Fridays
2:15pm - 2:45pm kids ages 4-6

Mighty Mites: This class meets later, is open to kids 5-8, and uses USTA "10 & Under Tennis" red balls on a 36' court to develop rally skills, court movement, and hand-eye coordination.

Mondays & Wednesdays
3:30pm - 4:15pm kids ages 5-8

Future Stars: Kids age 9 and older, who are beginners or have had some previous instruction will learn better fundamentals, scoring, and become more consistent through drills and games. 60' courts and orange balls are used for quicker skill development and rally progression.

Mondays & Wednesdays
4:15pm - 5:15pm
kids ages 9 and older

Junior Champs: Juniors with significant playing experience who are developing consistency, power, and competitive instincts will get more playing experience, more advanced drills, and introductions to spins and strategy in this class. Ages 10 - 14.

Tuesdays & Thursdays
4:15pm - 5:15pm
kids ages 10-14

Tournament Prep: Intermediate to advanced middle school players will participate in this class, geared toward enhancing the skills needed to play at the varsity high school level. Focus will be on placement, spins, serving and strategy.

Tuesdays & Thursdays
5:15pm - 6:15pm

Tennis 101: High school players who have little experience and are just starting to learn the game will find what they need in this group-learning skills and building confidence among their peers. The goal will be to try to get all of these players qualified to play JV tennis for the high school teams.

Mondays & Wednesdays
3:15pm - 4:15pm

High School I (JV): Incoming freshman players and JV players from the previous high school season will work on strategic, technical, and conditioning aspects of tennis that will push their games toward the varsity level.

Tuesdays & Thursdays
3:15pm-4:15pm

High School II (Varsity): High school players with previous starting experience in singles or doubles will gain strength in all strokes through drills, games, and competition. Focus is on strategy and competitive skills, including physical conditioning and mental toughness.

Tuesdays & Thursdays
3:15pm - 4:15pm

PRICES

Any full 7-week session: \$190*
Half of a 7-week session: \$100
Prepay for both 7-week sessions: \$360
(\$340 for TTC members)

MIGHTY MITES PRICES

Full 7-week session: \$170*
Half of a 7-week session: \$90
Prepay for both 7-week sessions: \$320
(\$300 for TTC members)
Mighty Mites Kinder: \$60

*TTC members may deduct \$10/session from their cost as a member discount. Remember, you do not need to be a member of Timberhill to participate in these clinics!

Fall Junior Clinic Registration Form

Name _____ Male _____ Female _____ Age _____
 Phone _____ Email _____
 Address _____ City _____ Zip _____
 Class _____ Day/Time _____ Session _____
 Amount \$ _____

I hereby release Timberhill Tennis Club (TTC), its Board, employees, and agents from liability from any and all claims resulting from accident, injury, or illness incurred during participation in TTC's Junior Clinics. I grant permission to TTC to use my child's likeness in print or online media associated with TTC and its promotions.

Parent/Guardian Signature _____